GETTING AHEAD OF A PROBLEM

Underage alcohol use can start early even as young as age 9. Prevention efforts need to start just as early. Here's why:



In 2018, nearly two and a half million 12- to 17-year-olds used alcohol for the first time, which averages to approximately 6,500 adolescents who begin using alcohol every day.

Despite what parents may think, children really hear their concerns when it comes to using substances, and it's important to discuss the risks of using alcohol and other drugs with them at every opportunity.

Informed, prepared communities have the best chance of getting ahead of underage drinking and other substance misuse.



LEARN MORE AT StopAlcoholAbuse.gov/communitiestalk

Source: Substance Abuse and Mental Health Services Administration. (2019). Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health (HHS Publication No. PEP19-5068, NSDUH Series H-54). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. Retrieved from https://www.samhsa.gov/data/