

BE PREPARED TO HAVE THE DIFFICULT CONVERSATION

Before you allow your underage children to attend a party where you think alcohol may be available, take the opportunity to inform them of how alcohol—and other substances—can affect their bodies and minds.



20%
UNDERAGE YOUTH

Research shows that within 2 hours of drinking, 20 percent of underage youth also used marijuana.

Learn how you can keep underage youth informed about the consequences of substance misuse at underagedrinking.samhsa.gov.

SAMHSA
Substance Abuse and Mental Health
Services Administration